Nate's blueberry smoothie

What's full of goodness and tastes great?
A smoooooothie of course!

Ingredients:

½ cup milk

½ cup yoghurt

1 cup frozen blueberries

1 teaspoon honey

Directions:

Preparation: 5 mins › Blend time: 1 min

1. Measure out all ingredients and place everything in the blender.
2. Make sure the lid is tightly on and blend until smooth.
3. Pure into a glass and top with a few more berries - yum!